



BACK TO SCHOOL
 OPEN LABOUR DAY MONDAY
 SEPTEMBER 2ND 8AM-7PM

FRESH SAVINGS FROM THURSDAY, August 22nd - THURSDAY, September 25th



69¢ /lb
SAVE 10¢/lb
FRESH BANANAS
 Product of Costa Rica



5.99
SAVE \$2.00
TROPICANA ORANGE JUICE
 No pulp, Some Pulp or Lots of Pulp
 1.36L bottle



5.99
SAVE \$4.00
DR. OETKER GIUSEPPE PIZZA
 Selected Varieties
 200-573g box



6.99
SAVE \$2.00
BUBLY SPARKLING WATER BEVERAGE
 Assorted Varieties
 Case of 12x355ml cans



3.99
SAVE UP TO \$5.00
GENERAL MILLS CHERRIOS
 350G OR HONEY NUT 430G



9.99
SAVE \$1.50
BURNBRAE FARMS LARGE WHITE EGGS
 Pkg of 30



7.99
SAVE 50¢
ASTRO YOGURT ORIGINAL
 Assorted Varieties
 175g tub



9.99
SAVE \$3.00
KRAFT PEANUT BUTTER SMOOTH, CRUNCHY OR LIGHT 1KG JAR
 Kraft all Natural Peanut Butter 750g

FRESH FIELDS



SAVE \$0⁰⁰

3⁹⁹ each
FRESH LEMONS, CLEMENTINES 2LB OR ORANGES 3LB
 Product of South Africa



SAVE \$1⁰⁰

1⁹⁹ pint
FRESH RED GRAPE TOMATOES
 Product of Ontario



SAVE 50c

1⁹⁹ each
FRESH MINI CUCUMBERS
 Product of Ontario, No.1 Grade, pkg of 6



SAVE \$1⁰⁰

4⁹⁹ each
FRESH HASS AVACADOS
 Product of Mexico
 Bag of 5



1⁹⁹ each
FRESH MINI CARROTS
 Product of Ontario
 340g pkg



SAVE \$1⁰⁰

4⁹⁹ each
FRESH POTATOES WHITE, RED OR YELLOW FLESH
 Product of Ontario, No.1 Grade
 10lb paper bag



1⁴⁹ each
FRESH LETTUCE GREEN, RED LEAF OR ROMAINE
 Product of Canada

SCHOOL SNACKS



SAVE \$2⁰⁰

5⁹⁹ each
FARMER'S MARKET MUFFINS
 Assorted Varieties
 570-600g pkg



SAVE \$1⁰⁰

3⁹⁹ each
FARMER'S MARKET BROWNIES
 265g pkg



SAVE \$1⁵⁰

5⁹⁹ each
FARMER'S MARKET LEMON TARTS
 pkg of 6



SAVE \$1²⁰

2⁷⁹ each
HOSTESS TWINKIES
 220g box



SAVE \$1⁰⁰

3⁹⁹ each
TREASURE MILLS SCHOOL SAFE NUT FREE BARS Assorted Varieties, 320g pkg



SAVE \$1⁰⁰

6⁴⁹ each
SWEETS FROM THE EARTH FROZEN PLANT BASE COOKIES
 Assorted Varieties 300g pkg



SAVE 50c

3⁹⁹ each
TWO BITE NUT FREE CUPCAKES
 Chocolate or Vanilla
 284g pkg



SAVE \$1.20

1.79 each
KRAFT DINNER ORIGINAL MACARONI & CHEESE 200g box



SAVE 40¢

2.29 each
UNICO SOLID LIGHT TUNA IN OIL 198g tin



SAVE \$1.30

2.69 each
CAMPBELL'S READY TO USE BROTH CHICKEN 900ml tetra



SAVE \$1.50

2.99
ICE RIVER GREEN NATURAL SPRING WATER Case of 24x500ml bottles



SAVE 30¢

1.69 each
TITAN SMALL RECTANGULAR SNAP CONTAINERS pkg of 4



SAVE 50¢

3.49 each
CAFE EXPRESS TAKE OUT CONTAINERS pkg of 8



SAVE 50¢

2.49 each
FLOW VITAMIN WATER Cherry or Citrus 500ml tetra



SAVE \$1.00

3.49 each
ZIPLOCK SNACK BAGS Box of 40



SAVE 50¢

3.99 each
ZIPLOC SANDWICH BAGS EXTRA LARGE box of 30



SAVE \$1.50

5.99 each
SMUCKERS PURE JAM Strawberry 500ml jar



SAVE 50¢

3.99 each
CHRISTIE MINI SNACK PACK Oreo or Chips Ahoy! 150-156g pkg



4.99 each
DEL MONTE SLICED PEACHES OR MANDARINS 540ml tub



1.99 each
NUTELLA & GO HAZELNUT SPREAD + BREAD STICKS 52g pkg



SAVE 20¢

3.49 each
CHRISTIE CRISPERS CRACKERS Assorted Varieties 145g pkg



SAVE 50¢

3.99 each
QUAKER CRISPY MINI RICE CAKES Assorted Varieties 100-186g pkg



SAVE \$2.50

5.99 each
KELLOGG'S FROZEN EGGO FAMILY PACK WAFFLES Assorted Varieties 560g box

SANDWICH ESSENTIALS



SAVE \$1.20

2.79 each
DEMPSTER'S SLICED WHITE BREAD OR 100% WHOLE WHEAT 675g loaf



SAVE \$1.00

3.99 each
PLANET BREAD SLICED BREAD Assorted Varieties 650g loaf



SAVE UP TO \$1.70

3.79 each
DEMPSTER'S 10" TORTILLA WRAPS Assorted Varieties 488-610g pkg



SAVE \$1.00

6.99 each
MAPLE LEAF NATURAL SELECTION DELI MEATS Assorted Varieties 175g pkg



SAVE UP TO \$1.00

5.99 each
CASTELLO CHEESE SLICES Assorted Varieties 165-200g pkg



SAVE 50¢

2.99 each
FRENCH'S CLASSIC YELLOW MUSTARD 400ml squeeze bottle



SAVE \$1.00

4.99 each
KRAFT PHILADELPHIA CREAM CHEESE Assorted Varieties 250g brick 227g tub



SAVE \$2.00

5.99 each
KRAFT SINGLES CHEESE SLICES Assorted Varieties 410g pkg

SNACK IDEAS



SAVE \$3.00

10.99 each
JANES FROZEN PUB STYLE CHICKEN BREAST Nuggets, Strips or Burgers 700g box



SAVE \$1.00

6.99 each
PRINGLES SNACK STACK POTATO CHIPS Original or Sour Cream & Onion pkg of 12x19g



SAVE \$1.00

3.49 each
PEPPERIDGE FARMS GOLDFISH CRACKERS 180-200g pkg



21.49 each
LAY'S VARIETY POTATO CHIPS box of 72



SAVE 50¢

2.99 each
MAYNARDS CANDIES Assorted Varieties 150-154g pkg



SAVE 50¢

4.99 each
CHRISTIE RITZ SANDWICHES CHEESE FLAVOURED pkg of 8x35g



SAVE \$1.00

5.99 each
LACTANTIA CHOCOLATE MILK pkg of 6x237ml bottles



SAVE \$1.00

5.99 each
SKINNY POP POPCORN 108g bag

VISIT OUR 3 GRAND LOCATIONS

KING CITY
 1700 King Rd.
 King's Ridge Market-
 place
 905.833.7035

HOURS
 Mon - Thu 8 a.m. - 9 p.m.
 Fri - Sat 8 a.m. - 10 p.m.
 Sunday 8 a.m. - 8 p.m.

SCARBOROUGH
 148 Bennett Rd.
 (at Lawrence Ave.)
 416.282.5759

HOURS
 Mon - Sat 8 a.m. - 9 p.m.
 Sunday 8 a.m. - 8 p.m.

NORTH YORK
 4750 Dufferin St.
 (at Supertest Rd.)
 416.736.6606

HOURS
 Mon - Sat 7 a.m. - 10 p.m.
 Sunday 8 a.m. - 8 p.m.

Although we strive for accuracy in illustration, copy and regulatory requirements, unintentional errors may occur. We reserve the right to limit quantities