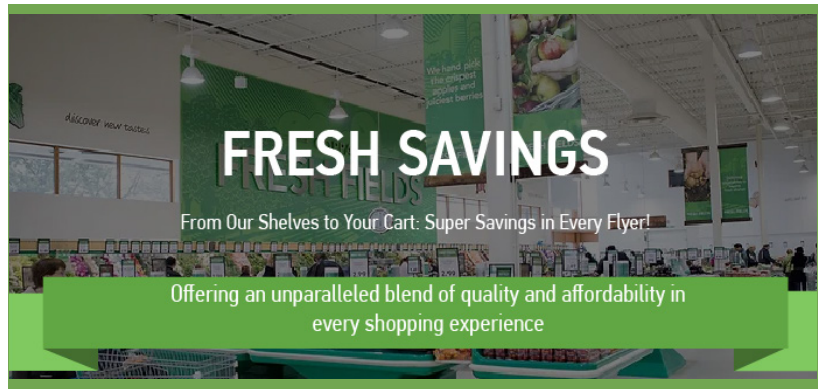


# Coppa's™ fresh market



FRESH SAVINGS FROM THURSDAY, OCTOBER 17<sup>TH</sup> - WEDNESDAY, OCTOBER 23<sup>RD</sup>



SAVE \$1<sup>50</sup>/lb

**99¢**  
/lb  
2.18 kg

FRESH HOT HOUSE TOMATOES  
Product of Canada, No.1 Grade



SAVE \$1<sup>00</sup>/lb

**1<sup>99</sup>**  
/lb  
4.39 kg

FRESH ONTARIO CHICKEN LEG QUARTERS BACKS  
ATTACHED



SAVE \$3<sup>00</sup>

**3<sup>99</sup>**  
each

FRESH RAINBOW PEPPERS  
Product of Canada  
pkg of 3



SAVE \$1<sup>50</sup>

**2<sup>99</sup>**  
each

ICE RIVER GREEN NATURAL  
SPRING WATER  
Case of 24x500ml bottles



SAVE \$2<sup>00</sup>/lb

**7<sup>99</sup>**  
/lb  
17.61 kg

FRESH BEEF EYE OF ROUND  
ROAST  
Cut from Canada AAA Grade Beef,  
Product of Canada



SAVE UP TO \$3<sup>00</sup>

**5<sup>99</sup>**  
each

KELLOGG'S FAMILY PACK  
CEREAL FROSTED FLAKES  
580G, ALL BRAN 525G OR  
RAISIN BRAN 625G



SAVE \$2<sup>00</sup>

**2<sup>99</sup>**  
each

MUTTI PASSATA  
Original or with Basil  
680ml bottle



SAVE \$1<sup>00</sup>

**1<sup>99</sup>**  
each

BARILLA PASTA  
Assorted Regular Cuts  
410g box





SAVE \$1<sup>00</sup>/lb

**2<sup>99</sup>** /lb  
6.59kg  
**FRESH SEEDLESS GRAPES RED, GREEN OR BLACK**  
Product of USA, No.1 Grade



SAVE \$1<sup>00</sup>

**1<sup>49</sup>** each  
**FRESH LEAF LETTUCE GREEN OR RED**  
Product of USA/Canada



SAVE \$0<sup>00</sup>

**1<sup>49</sup>** each  
**FRESH ICEBERG LETTUCE**  
Product of USA, No.1 Grade



SAVE \$1<sup>00</sup>

**1<sup>99</sup>** each  
**FRESH CELERY STALKS**  
Product of Canada, No.1 Grade



SAVE \$1<sup>00</sup>/lb

**1<sup>49</sup>** /lb  
3.28kg  
**FRESH AMBROSIA APPLES**  
Product of Ontario, Fancy Grade



SAVE \$1<sup>00</sup>

**1<sup>99</sup>** /lb  
4.39kg  
**FRESH SWEET SEEDLESS CLEMENTINES**  
Product of South Africa



SAVE \$1<sup>00</sup>

**4<sup>99</sup>** each  
**CLASSIC BRAND SALADS**  
Baby Spring Mix or Baby Spinach, Product of USA  
283g pkg



SAVE \$1<sup>50</sup>/lb

**2<sup>49</sup>** /lb  
5.49kg  
**FRESH BROCCOLI CROWNS**  
Product of Canada



SAVE \$2<sup>00</sup>

**4<sup>99</sup>** each  
**FRESH GOLDEN PINEAPPLES**  
Product of Costa Rica  
Cored Pineapple \$5.99 each



SAVE \$1<sup>00</sup>

**2<sup>99</sup>** each  
**FRESH RED POMEGRANATES**  
Product of USA, Large Size



SAVE \$1<sup>00</sup>

**1<sup>99</sup>** each  
**FRESH GREEN KALE**  
Product of Ontario



SAVE \$2<sup>00</sup>

**2<sup>99</sup>** each  
**FRESH RED ONIONS**  
Product of Canada, No.1 Grade  
3lb bag



SAVE \$1<sup>00</sup>

**5<sup>99</sup>** each  
**FRESH SANTA CLAUSE MELONS**  
Product of Brazil



SAVE \$1<sup>00</sup>

**5<sup>99</sup>** each  
**FRESH CANARY MELONS**  
Product of Brazil



SAVE 50c/lb

**1<sup>49</sup>** /lb  
3.28kg  
**FRESH POTATOES WHITE, RED OR YELLOW**  
Product of Canada, No.1 Grade



SAVE 70c

**1.49** UNICO BEANS  
Assorted Varieties  
540ml tin  
each



SAVE up to \$4.00

**8.99** GENERAL MILLS FAMILY PACK CHERRIOS  
Original 750g or Multigrain 585g  
each



SAVE 30c

**99c** UNICO TOMATO PASTE  
156ml tin  
each



SAVE \$3.00

**6.99** BOTTICELLI ALFREDO WHITE PASTA SAUCE  
Product of Italy  
370ml jar  
each



SAVE 50c

**3.99** QUAKER CRISPY MINI RICE CAKES  
Assorted Varieties  
100-181g pkg  
each



SAVE \$1.00

**4.99** KRAFT SALAD DRESSING  
Assorted Varieties  
425ml bottle  
each



SAVE 50c

**1.99** KRAFT DINNER ORIGINAL MACARONI & CHEESE  
200g box  
each



SAVE \$4.00

**8.99** KRAFT PEANUT BUTTER  
Smooth  
1kg jar  
each



SAVE 50c

**3.99** CHEEMO FROZEN PEROGIES  
Assorted Varieties  
815-907g pkg  
each



SAVE \$1.00

**3.49** QUAKER CHEWY GRANOLA BARS  
Assorted Varieties  
150-156g pkg  
each



SAVE 30c

**1.99** KRINOS ATHENA SEA SALT  
750g pkg  
each



SAVE up to 50c

**4.99** PEARL MILLING PANCAKE MIX 905G OR SYRUP 710ML  
each



SAVE \$1.00

**2.49** FRENCH'S CLASSIC YELLOW MUSTARD  
400ml squeeze bottle  
each



SAVE \$1.50

**4.49** KRINOS FROZEN MINI TWISTERS  
Assorted Varieties  
454g pkg  
each



SAVE \$2.00

**4.99** CHAPMAN'S FROZEN CANADIAN COLLECTION NOVELTIES  
Assorted Varieties, pkg of 8  
each



SAVE \$1.47 each

**2/8.00** LAY'S POTATO CHIPS  
Assorted Varieties  
220-235g bag



SAVE 60c

**5.99** KRAFT PHILADELPHIA CREAM CHEESE  
Assorted Varieties  
250g brick/227g tub  
each



SAVE \$1.00

**3.99** DIANA BBQ SAUCE  
Assorted Varieties  
500ml bottle  
each



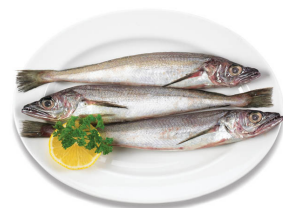
SAVE \$3<sup>00</sup>/lb

**7<sup>99</sup>** FRESH WHOLE DRESSED RAINBOW TROUT  
/lb  
17.61kg



SAVE \$3<sup>00</sup>/lb

**14<sup>99</sup>** FRESH ATLANTIC SALMON STEAKS  
/lb  
33.05kg



**3<sup>99</sup>** FRESH WHOLE WHITING (MERLUZZO)  
/lb  
8.80kg



SAVE \$3<sup>00</sup>/lb

**10<sup>99</sup>** FRESH TILAPIA FILLETS  
/lb  
24.23kg



**3<sup>99</sup>** FRESH P.E.I. MUSSELES  
/lb  
8.80kg



**4<sup>99</sup>** FROZEN WHOLE WHITEFISH  
/lb  
11.00kg



SAVE \$2<sup>00</sup>

**7<sup>99</sup>** SEA QUEST FROZEN SHRIMP RING 50-60CT  
each  
227g box

WORLD OF FOOD

KOSHER



SAVE \$1<sup>50</sup>

**8<sup>99</sup>** VIPRO ROASTED RED PEPPER SPREAD  
each  
Mild or Hot  
720ml jar



SAVE 50¢

**2<sup>49</sup>** S&F SMOKED SPRATS IN OIL  
each  
160g tin  
Product of Latvia



SAVE 40¢

**99¢** WHITE ROCK SELTZER WATER  
each  
Assorted Varieties  
1L bottle



SAVE \$6<sup>00</sup>

**9<sup>99</sup>** JORDANKA SPARKLING MINERAL WATER  
each  
6x1.5L bottles  
Product of Poland



SAVE 60¢

**1<sup>69</sup>** KRAKUS BISCUITS WITH CHOCOLATE  
each  
Assorted Varieties  
135g pkg



SAVE 80¢

**2<sup>49</sup>** USHIA SAUCE  
each  
Selected Varieties  
300ml bottle



SAVE \$1<sup>50</sup>

**3<sup>49</sup>** WISSOTZKY TEA  
each  
Selected Varieties  
box of 20-25



SAVE \$1<sup>00</sup>

**3<sup>99</sup>** S&F KASHA BUCKWHEAT  
each  
900g pkg



SAVE 50¢

**4<sup>49</sup>** FRITSCH NOODLES  
each  
Assorted Varieties  
454g pkg  
Product of Germany



SAVE 70¢

**2<sup>99</sup>** SNAPPY SNAX PRETZELS  
each  
Mini, Thin or Mini no Salt  
426g pkg



SAVE 40¢

**2<sup>29</sup>** GALIL THIN RICE CAKES  
each  
Selected Varieties  
100g pkg

DAIRY

OVEN FRESH BAKERY



**3<sup>99</sup>** each  
**ASTRO YOGURT**  
 Assorted Varieties  
 650-750g tub

SAVE \$1<sup>20</sup>



**2<sup>99</sup>** each  
**VILLAGGIO SLICED BREAD**  
 White, Whole Wheat or Seeded  
 675g loaf

SAVE \$2<sup>00</sup>



**2/5<sup>00</sup>** each  
**DEMPSTER'S ENGLISH MUFFINS**  
 Plain or Whole Wheat  
 pkg of 6

SAVE 99c each



**6<sup>99</sup>** each  
**MC DAIRY KEFIR**  
 2kg tub

SAVE \$2<sup>50</sup>



**6<sup>99</sup>** each  
**LACTANTIA & MY COUNTRY BUTTER STICKS**  
 Salted or Unsalted  
 454g pkg

SAVE \$2<sup>50</sup>



**2/5<sup>00</sup>** each  
**FURLANI FROZEN GARLIC BREAD**  
 284g pkg

SAVE 49c each



**9<sup>99</sup>** each  
**ELITE SWEETS FROZEN TIRAMISU**  
 600g pkg

SAVE \$2<sup>00</sup>



**3<sup>99</sup>** each  
**IOGO NANO DRINKABLE YOGURT**  
 Assorted Varieties  
 pkg of 6x93ml  
 Iogo yogurt tubes 8x60g \$2.99

SAVE \$1<sup>70</sup>



**3<sup>49</sup>** each  
**BEATRICE COTTAGE CHEESE**  
 Assorted Varieties  
 500g tub

SAVE \$1<sup>50</sup>



**9<sup>99</sup>** each  
**FRESH PORTUGUESE CUSTARD TARTS**  
 pkg of 6

SAVE \$1<sup>00</sup>



**20<sup>99</sup>** dozen  
**COPPA'S FRESH MARKET STORE MADE FRESH ASSORTED PASTRIES**

SAVE \$1<sup>00</sup>

NONNA FRANCESCA'S

GOOD FOR YOU



**3<sup>99</sup>** /lb  
 8.80kg  
**NONNA FRANCESCA'S FULLY COOKED BBQ CHICKEN LEG QUARTERS**



**11<sup>99</sup>** each  
**FRESH ROASTED WHOLE CHICKENS**  
 Min. Weight 800g

SAVE \$1<sup>00</sup>



**9<sup>99</sup>** each  
**NATREL ORGANIC FINE-FILTERED MILK**  
 1%, 2% or Homo  
 4L bag

SAVE \$3<sup>50</sup>



**12<sup>99</sup>** each  
**FRESH STORE-MADE COOKED 16" PEPPERONI PIZZA**

SAVE \$2<sup>00</sup>



**10<sup>99</sup>** each  
**NONNA FRANCESCA'S VEAL OR CHICKEN CUTLETT ON A BUN**



**5<sup>99</sup>** each  
**ORGANIC MEADOW YOGURT**  
 2%, 38%  
 750g tub

SAVE \$2<sup>00</sup>



**5<sup>99</sup>** each  
**ORGANIC MEADOW KEFIR**  
 Assorted Varieties  
 1L bottle

SAVE \$1<sup>00</sup>



SAVE \$2<sup>00</sup>/lb

**3<sup>99</sup>** /lb  
8.80kg  
**FRESH ONTARIO PORK TENDERLOIN**



SAVE \$1<sup>00</sup>/lb

**5<sup>99</sup>** /lb  
13.21 kg  
**FRESH BONE-IN BEEF SHANK**  
Cut from Canada AAA Grade Beef, Product of Canada



**10<sup>99</sup>** /lb  
24.23 kg  
**FRESH BEEF SHORT RIBS MIAMI STYLE** Cut from Canada AAA Grade Beef, Product of Canada



SAVE \$1<sup>00</sup>/lb

**6<sup>99</sup>** /lb  
15.41 kg  
**FRESH BONELESS STEWING BEEF**  
Cut from Canada AAA Grade Beef, Product of Canada



SAVE \$4<sup>00</sup>/lb

**7<sup>99</sup>** /lb  
17.61 kg  
**FRESH BEEF OUTSIDE ROUND CUTLETS**  
Cut from Canada AAA Grade Beef, Product of Canada



SAVE \$4<sup>00</sup>/lb

**9<sup>99</sup>** /lb  
22.02 kg  
**FRESH BEEF EYE OF ROUND STEAKS FAST FRY** Cut from Canada AAA Grade Beef, Product of Canada



SAVE \$1<sup>00</sup>

**7<sup>99</sup>** each  
375g pkg  
**SCHNEIDERS JUICY JUMBOS 100% BEEF**

DELI



SAVE \$2<sup>00</sup>/lb

**5<sup>99</sup>** /lb  
13.21 kg  
**WAGENER'S BLACKFOREST HAM**  
Freshly Sliced at the Deli



SAVE \$1<sup>00</sup>/lb

**10<sup>99</sup>** /lb  
24.23 kg  
**WAGENER'S ASSORTED SALAMI**  
Freshly Sliced at the Deli



SAVE up to \$4<sup>50</sup>/lb

**6<sup>99</sup>** /lb  
15.41 kg  
**SAN DANIELE MORTADELLA REGULAR OR HOT**  
Freshly Sliced at the Deli



SAVE \$6<sup>00</sup>/lb

**8<sup>99</sup>** /lb  
19.82 kg  
**MASTRO GENOA SALAMI**  
Regular or Hot Freshly Sliced at the Deli



SAVE \$5<sup>00</sup>

**8<sup>99</sup>** /lb  
19.82 kg  
**AMMERLAND GERMAN HAVARTI CHEESE**  
Freshly sliced at the Deli



SAVE \$1<sup>00</sup>

**5<sup>99</sup>** each  
200g pkg  
**CASTELLO HAVARTI CHEESE**  
Assorted Varieties



SAVE \$2<sup>00</sup>

**5<sup>99</sup>** each  
475g tubs  
**TRE STELLE RICOTTA CHEESE**  
Assorted Varieties



SAVE \$2<sup>00</sup>

**6<sup>99</sup>** each  
340g pkg  
**TRE STELLE MOZZARELLA BALL**

VISIT OUR 3 GRAND LOCATIONS

**KING CITY**

1700 King Rd.  
King's Ridge Market-  
place  
905.833.7035

**HOURS**

Mon - Thu 8 a.m. - 9 p.m.  
Fri - Sat 8 a.m. - 10 p.m.  
Sunday 8 a.m. - 8 p.m.

**SCARBOROUGH**

148 Bennett Rd.  
(at Lawrence Ave.)  
416.282.5759

**HOURS**

Mon - Sat 8 a.m. - 9 p.m.  
Sunday 8 a.m. - 8 p.m.

**NORTH YORK**

4750 Dufferin St.  
(at SuperTest Rd.)  
416.736.6606

**HOURS**

Mon - Sat 7 a.m. - 10 p.m.  
Sunday 8 a.m. - 8 p.m.